



VINAYAKA MISSION'S COLLEGE OF NURSING
Kirumampakkam, Puducherry
A Constituent College of
VINAYAKA MISSION'S RESEARCH FOUNDATION
(Deemed to be University)



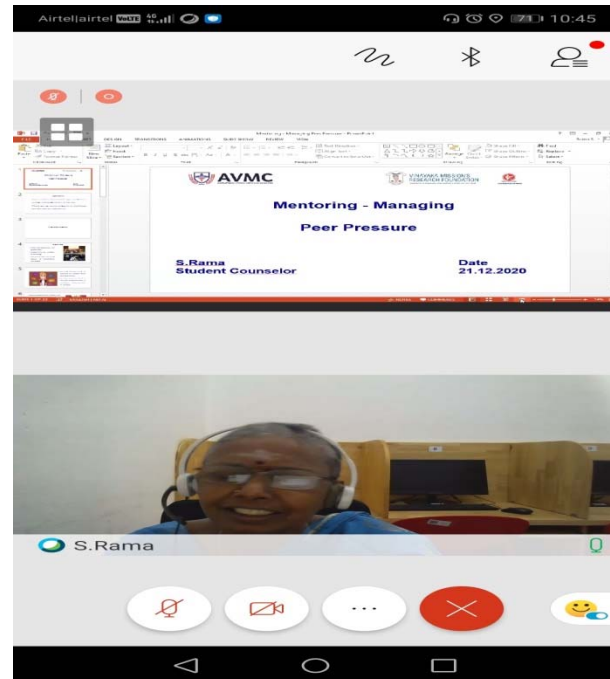
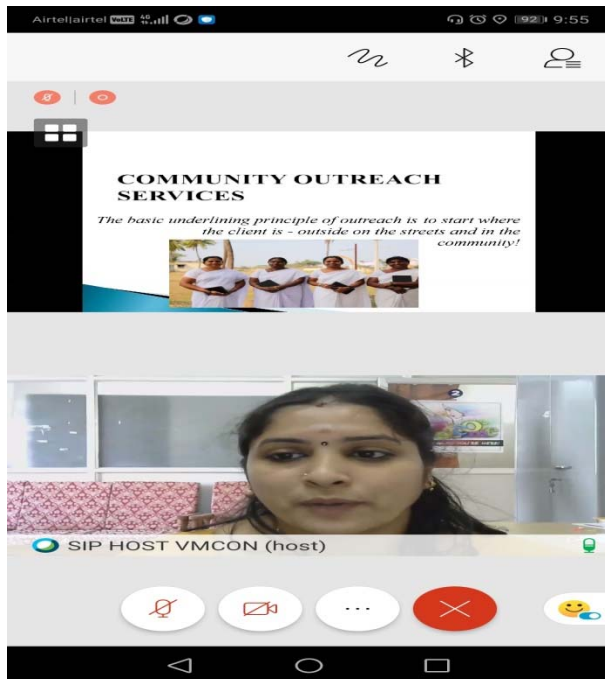
REPORT ON STUDENT INDUCTION PROGRAMME – 21.12.2020

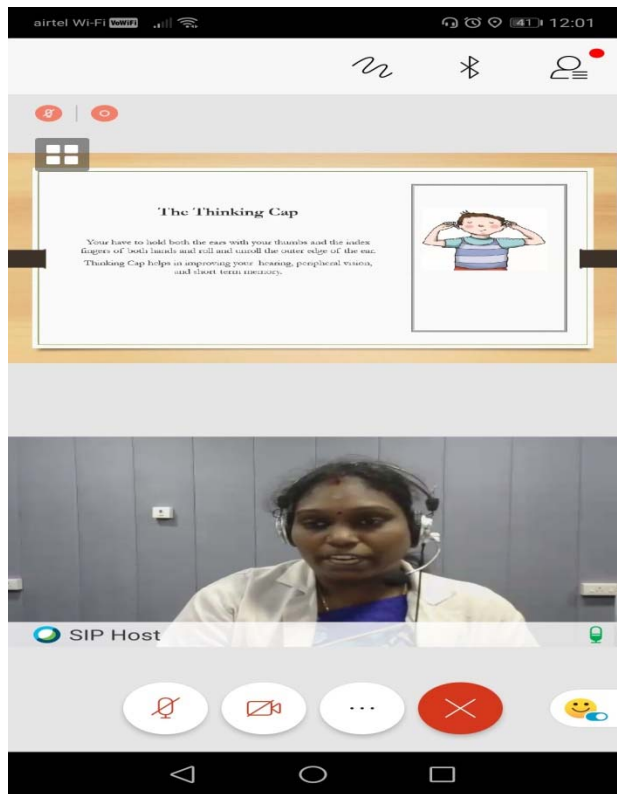
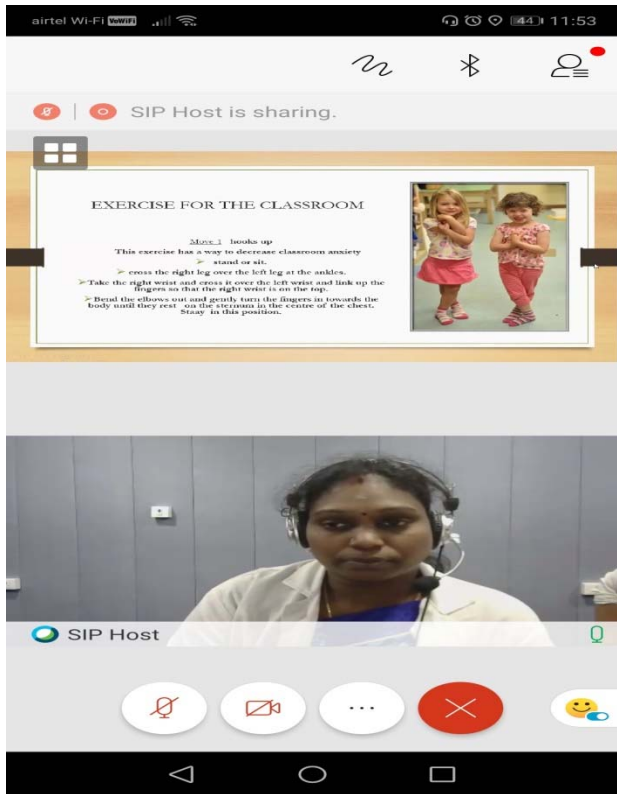
Vinayaka Mission's College of Nursing, Puducherry organized the 13th day of Student Induction Programme on 21.12.2020. The programme was started at 9.30am.

The first session was started by Mrs. Sujithra, Lecturer, VMCON on “Community connect Outreach and Extension Activities”. In this session, she explained about how to assess the needs of the community, strategies for delivering effective outreach activities & various outreach services and barriers in the delivery of them. The session was completed at 10.40am.

The second session was handled by Mrs. Rama, Student Counselor, AVMC on “Mentoring on Managing Peer Pressure” at 10.40am. In this session, she elaborated about different types of students, the challenges & pressures experienced by the students and the ways to manage them. The session was ended at 11.40am.

The final session was handled by Dr. P. Malathy, Occupational Therapist, AVMC on “Brain Gym Games” at 11.40am. She explained about origin of Brain Gym & the benefits of it. She also demonstrated various Brain Gym exercises such as Hooks up, cross crawling, Lazy 8, Double doodle and so on. The session was ended at 12.10pm. Totally 68 students were participated in this programme.





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